Something happens...

Something happens
something wrong happens
though you may not know
it's wrong at the time.
The wrong that has happened
comes again
and never leaves.
It comes again and again.

Karsan

The author of this poem was a patient of the Park Royal mental health in-patient unit, Brent, London. He wrote it during a creative writing group held there. It has been reproduced by permission.

Poems for ... Self at Sea



