Warnings

How many times have I told you ?
Look where you are going. Walk don't run.
I repeat to myself warnings
that are out of place and too late.

I have never got used to this :
the rush here, all else forgotten ;
always fearing the worst, knowing
this pain will pass. For you to smile.

Mahendra Solanki

Poems for… is a Hyphen project. "Hyphen-21" is a company registered in Cardiff no.2925831. Registered Charity no.1040077. www.hyphen-21.org